

# Ridin' Alone Mixer

a.k.a. Wild Bill's Polka

32 Count – Easy Circle Mixer Dance

Step sheet provided by Rose Have (404)-379-1213 or [Rose@atlantaledance.com](mailto:Rose@atlantaledance.com)

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Suggested Music: Ridin' Alone by Rednex, but will fit other polka music as well

## **Formation:**

2 circles facing each other. Men (and ladies too if there aren't enough men!) in inner circle facing out, Ladies in outer circle facing in.

Start facing and holding hands.

Inner circle begins with **Left foot (description below)**, Outer circle begins with opposite foot (**Right**) and mirrors inner circle through out. Dance begins with all moving counter clockwise.

**Inner Circle:** (**Outer Circle** begins with **right** foot and mirrors inner circle throughout the dance):

### **Heel Toe Taps, Step, Slide Together, Step, Touch (moving counter clockwise)**

1-2 Tap L heel to front (1), touch L toe next to R foot (2)

3-4 Repeat above 2 counts

5-8 Step L foot to L side (5), Slide R foot next to L (6),  
Step L foot to L side (7), Touch R toe next to L (8).

### **Heel Toe Taps, Step, Slide Together, Step, Touch (moving clockwise)**

1-2 Tap R heel to front (1), touch R toe next to L foot (2),

3-4 Repeat above 2 counts

5-8 Step R foot to R side (5), Slide L foot next to R (6),  
Step R foot to R side (7), Touch L toe next to R (8).

### **Step, Clap, Step, Clap, Step Clap (moving backward)**

1-4 Step back on L (1), Clap (2), Step back on R (3), Clap (4),

5-8 Repeat above 4 counts

### **Walk Forward for 8 (moving toward new partner)**

1-8 Walk forward towards new partner to the **left** in the opposite circle, on

L (1), R (2), L (3), R (4),

L (5), R (6), L (7), R (8).

Start again from the beginning with new partner!